



Tri2O Triathlon Club

AGM Minutes

6 February 2012

1. Call to order

Steve Stroud called to order the Annual General Meeting of the Tri2O Triathlon Club at 1900hrs on 6 February 2012 in Reading Lake Hotel, Pingewood, Reading.

Register

The following persons were present:

Ian Gosling, Ellie Barnes, Paul Devlin, Martin Cook, Rob Harper, Mark Gorst, Clive Alderson, Jim Bryce, Caroline Macaskill, Colin Wilson, Nick O'Connell, Callum Hughes, Steve Stroud, Nick Parris, Dom Dos Remedios, Ceri Philpott, Pete Gough, Oli Williams, Linda Maule, Jamie Pockett

2. Approval of minutes from last AGM

Not Applicable.

3. Apologies

Mark Edgson, Mark Wills, Edwina McDowell.

4. Correspondence

There was no correspondence.

5. Treasurer Report

- Treasurer – Callum Hughes.
- Bank account is set up with NatWest.
- The current balance of the account is around £1500.
- Members have been renewing by cash (Callum), cheque (Linda) and by direct bank transfer.
- Steve has been paid back for the T-Shirts.
- Clive suggested a meeting with Chrissie at Bradfield to arrange to pay directly for the club swim session.
- We need to decide what we want to invest our money in. To be discussed later.

6. Membership Secretary Report

- Membership Secretary – Linda Maule.
- We finished last year on 59 members.
- We now have 48 fully paid up members including 3 new members.
- Half of these are continuing members from 2 years ago.
- 14 members are women. This is good.
- 10 members were expected not to rejoin.
- The remaining 50 members are all regularly seen at training sessions.
- We can attract new members with flyers at Sports Centres.

- Most members come from word of mouth, the lake and Clive.
- Ceri and Ellie suggested giving flyers out at local races.
- Clive suggested a cheap membership card as this will give us discounts (AW cycles).
- Steve suggested we may aim to grow the club to 100 members by the end of 2012.

7. Communications Secretary Report

- Communications Secretary – Steve Stroud.
- We started the year with a weekly newsletter, website (basic) and a facebook page.
- The Newsletters have continued on Mondays.
- We now have 100 on the distribution list.
- We have gone from 70 to 150 likes on Facebook.
- Thanks to those who use Facebook. It makes the Club look active.
- In October, Triathlon England contracted with Onsport and through them we have our new website.
- It is free of charge.
- Onsport are very responsive and helpful.
- Thanks to those who use the website. It makes the site look better to any prospective members.
- Training sessions, events/reports section, club kit page are now used on the website.
- Not enough use is being made of the forums. This is a good place for members to chat.
- There have been some amusing blogs and some informative.
- The Contact Us and Joining sections have been developed.
- Members can comment on any post.
- We are active on Twitter also, @Tri2oClub.
- We have 69 followers. We have tweeted 88 times.
- We have been retweeted by Chrissie W, Macca and Hollie Avil amongst others.
- We have contacts at Get Reading and the Reading Chronicle and were featured for 3 weeks. We have not had anything to submit since.
- Tri247 are also happy to publish any news or race reports.
- We placed an order for Club T-shirts.
- MST sponsorship helped us to achieve the minimum order quantity so we did not have to pay set up fees. We're almost at the end of the stock.
- Steve is now looking to pass over the Communications Secretary Role. It needs a fresh pair of eyes and responsibilities can be divided for different sections of the weekly update. The Chairman, Head Coach, Coaching Secretary, Race Secretary, Social Secretary and other committee members can each write a short piece each week and the Communications Secretary can act as an editor for the Update.

8. Head Coach's Report

- Head Coach – Clive Alderson.
- All of our sessions our successful. The run and bike sessions currently attract 8-10 members and the swim attracts 20-25 members.
- Having 3 coaches on poolside makes a difference for the swim.
- We currently have three prospective BTF Level 2 coaches (Dom, Russ, Ellie) and one BTF Level 1 coach (Callum).
- We can also run on Friday evenings at Palmer Park Track. Track fee: £1.50.
- We need more feedback on the format of the sessions. What do people like?
- We currently plan the sessions based on a periodized schedule.
- We're looking at splitting the run into two groups (1 for long distance athletes, 1 for shorter distance).
- We also need 2 or more groups for the Sunday rides. We have very different speed riders and the speeds are therefore not suitable for everyone.
- Colin – we could use Facebook or the Forums to ask who's happy to lead a ride every week. We need to organise separate groups and have no expectations for 2-3 weeks.
- Nick P – we don't have enough people for a faster ride.
- We would also benefit from a bank of routes – these could be published online.
- The attendees were polled and almost everyone agreed they would be happy to lead a ride.
- We need someone to coordinate this though. Nick P and Colin agreed to coordinate.
- Thanks are passed to Clive and the coaches for their hard work this year.

9. Coaching Secretary

- Coaching Secretary – Nick Parris.
- We will contact the TV XC League organiser “Big Al” to request that we be included next season.
- We have the option of an hour at the new pool at Crossfields School, Shinfield. This will cost £70/hour.
- Monday evening may be suitable for this.
- The run will move from Tuesday to Wednesday when the lake opens. 25th April will be the first.
- We could have a non-coached group open-water swim on Tuesday.

10. Race Secretary Report

- The role involved receiving and editing race reports and collating results.
- This is great, inspirational content for newsletters.
- The parkrun competition has worked very well. It is also good advertising.
- 11-16 people have shown up for the parkruns each week.
- Ceri may provide plaques for the winners.
- We could continue a parkrun competition over the summer.
- We could also have a monthly cycling time trial we all turn up to. It will cost £150 to join the CTT as a club and then £3 for every Reading CC race. The TTs start in March.
- We could also arrange a monthly private open water swim race at the lake.
- The Club Tri Race Calendar is Hart Sprint, Henley Sprint, Newbury Sprint, MK Olympic, Swanage Olympic, Marshman and Vitruvian.
- Kit Suppliers – we have chosen to go for TigerFrog. The kit was similar for different suppliers but the service was very good at TigerFrog.
- The non-honeycomb orange kit design was voted for by the members 9-7.
- We need to try on the sizes before we buy.

11. Social Secretary Report

- Social Secretary – Colin Wilson.
- Climbing and Curry Night was very well attended.
- Comedy Night was less well attended.
- Christmas Dinner was extremely well attended.
- We need to find out whether weeknights or weekends are better for these.
- We also need to find out whether Activity + Drinks or just Drinks are better.
- Go Ape and a BBQ have been suggested for events this summer.
- The Open Day in July at the lake was good.
- The Reading Triathlon stand also brought 10-12 enquiries.
- We need a club banner, gazebo, flag for open day and race events.

12. Mens and Ladies Team Captain Reports

- Ladies Team Captain – Caroline Macaskill.
- We have been successful in establishing a core of 14 ladies (6 renewals, 10 new members).
- We have seen a core set of members throughout.
- We've had some excellent results from some athletes who are competing at a high level.
- Other athletes have really improved.
- We could consider some female specific events – e.g. a lunch.
- Mens Team Captain – Dom Dos Remedios.
- We have had some great results from our male athletes.
- We had some fantastic successes at the Swashbuckler, Windsor, Cowman and Vitruvian where we sent teams. The social side was also fantastic for accommodation, dinner and post-race.
- We can improve this over the next year for the shorter distance races.
- The Challenge Henley Drinks Station was also a great success and a great social event.

13. Welfare Officer Reports

- Welfare Officer – Mark Wills (absent).
- Reports in writing - we have had no complaints/issues over the last 12 months.

14. Elections

The following persons were elected to committee positions unanimously:

Chairman: Steve Stroud.

Treasurer: Callum Hughes.

Communications Secretary: Pete Gough (Steve Stroud departs).

Membership Secretary: Linda Maule.

Race Secretary: Nick O'Connell.

Head Coach: Clive Alderson.

Vice-Head Coach: Dom Dos Remedios (New Position).

Coaching Secretary: Nick Parris.

Mens Team Captain: Dom Dos Remedios.

Mens Vice-Team Captain: Ian Gosling (New Position).

Ladies Team Captain: Caroline Macaskill.

Welfare Officer: Mark Wills.

It was also suggested that a Ladies Vice Team Captain be elected. Committee to identify a suitable person during the season.

15. Any Other Business

- Surveying Members about Training Sessions could be done via the Club Website or Survey Monkey.
- Ellie suggested a training camp in Spain in 2013.
- Jim suggested a training camp at his place in Dorset.
- We need to decide what to allocate club funds to. CTT membership? Gazebo/Banner/Flag? Club Kit? Swim Sessions?
- Discussion also about how large we want the club to become.

16. Adjournment

Steve Stroud adjourned the meeting at 2140hrs.

Minutes submitted by: Dom Dos Remedios

Minutes approved by: Steve Stroud